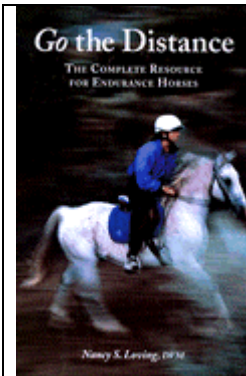




MARCH 2006 PRODUCT REVIEW - Go The Distance (by Nancy Loving)

I have just re-read the book Go The Distance - The Complete Resource for Endurance Horses for the third time and figured maybe others would like to know about this great book. Nancy Loving, DVM, writes it. Nancy regularly competes in endurance rides and is a judge as well.

It has more information in it than just for endurance riding and the horse you need. There is information on conditioning; nutrition information; how to choose an endurance horse; hoof care and needs; how to cool and stretch your horse out after a work out, as well as, trailering tips. This book is helpful to any horse owner.



There are chapters on tack, how to buy, use and fit it, conditioning in different terrain and climates and evaluating fitness. You learn exactly what it takes to do distance riding, for both you and your horse. The index is very inclusive and covers any question you may have, easy to reference.

If you plan to do any distance riding, this is a great book if you are just starting out or if you have been riding endurance for years. There are pictures showing good body shape and conformation and why it is good, what to look for and why. Even if you are only a pleasure rider, there is a lot of information in this book that can be used over and over for reference. It has quite a bit of basic care for any horse.

There is also a chapter on what breeds do best and why, how to look for specific things in a potential athlete you are considering for endurance.

Every time I read this book, I learn something new. Go the Distance is one of those timeless books that can always be used as a reference book.

